

* + Certificate
* **Degree:\***



Health Coaching Certificate

* The purpose of the program revision is to:
  1. Change the name of the “graduate certificate in health coaching” to the “graduate certificate in clinical health coaching”
  2. Remove HLPR 809 Health Behavior

Rationale for item 1: As our graduate certificate in health coaching has grown we have begun to emphasize our work in clinical health settings (hospitals, primary care, health clinics, Veterans Affairs, etc). This is unique to UDs health coaching program and to further differentiate ourselves programmatically we have added the word “clinical health coaching” to better reflect our program focus.

Rationale for Item 2: National standards for health coaching have recently been established with a minimum 75 contact hours. Our current program far exceed these hours and to remain competitive at the national level we are re-focusing our program around facilitating a core clinical health coaching skillset. HLPR 809 is being removed as there is sufficient material in HLPR 630 and 631 for national certification in this area.

* **Resolution:**

WHEREAS,    in fall 2018 the Department of Behavioral Health & Nutrition  recommended a name change of the  graduate certificate in health coaching, and

WHEREAS,     a name change is more inclusive of the focus of the program;

WHEREAS,     the name change has the support of the BHAN curriculum committee and Department Chair; therefore

RESOLVED,   the BHAN curriculum committee approves a name change for the Graduate Certificate in Health Coaching to Graduate Certificate in Clinical Health Coaching, effective July 1, 2019.