Student Health Services
Your Connection To Good Health

Timothy Dowling, D.O.
Physician/Director, Student Health Services
Presentation to the
New Graduate Student orientation
Thursday, August 23, 2018

www.udel.edu/studenthealth
The mission of the University of Delaware Student Health Services is to provide students with quality primary health care and education about healthy lifestyles.

We are charged with providing the students the very best in health care and ask that students participate in their own health care by being an active and informed consumer.

Within the scope of the Student Health Services, the health care providers and staff are a resource to help students achieve an optimal state of well-being.
Student Health Services

Who do we serve

- Undergraduate Students
- Student athletes
- Graduate Students
- ELI students
- Faculty and Staff (limited services)
Student Health Services

How is it paid for?

• Mandatory Health Fee versus Mandatory Insurance

• Mandatory Health fee covers Student Health Services, Center for Counseling and Student Development as well as Student Wellness & Health Promotion
Student Health Services

Our Services

- Primary Care/ Urgent Care Services
- Women’s Health
- Men’s Health
- STI Testing
- Travel Health
  
  For students in Study Abroad Programs
- 24/7 On-call Coverage for Physician and Nurse present 24 hours a day
- In-Patient Care
- Sports Medicine
- X-Ray insurance billed
- Laboratory insurance billed
- Immunization and Allergy Clinic insurance billed
- Wart Clinic
- Nutrition Services
- Healthy HENS
- Self-care Clinic for Colds and Minor Wounds
- Lewes Campus Services
- Dispensary Services insurance billed
Student Health Services

Hours of Operations

• **Fall, Winter and Spring** semesters 24 hours per day

• **Summer sessions** 8am to 5pm Monday through Friday

• **Phone number** 831-2226

• **Appointments preferred**
# Meet the Practitioners

**Student Health Services**

**Timothy Dowling, D.O.**  
Director/Physician

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
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<tbody>
<tr>
<td>Donna Hendrie, D.O.</td>
<td>Physician</td>
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<tr>
<td>Geoffry Gustavsen, M.D.</td>
<td>Physician</td>
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<tr>
<td>Audrey Pessu-Uwah, M.D.</td>
<td>Physician</td>
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<tr>
<td>Kelly Frick, M.D.</td>
<td>Physician</td>
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<tr>
<td>Nancy Smallwood, APN</td>
<td>Nurse Practitioner</td>
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<td>Christine Rudkin, APN</td>
<td>Nurse Practitioner</td>
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<tr>
<td>Andrew Reisman, M.D.</td>
<td>Head Team Physician, Sports Medicine</td>
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<td>Chaney Stewman, M.D.</td>
<td>Physician, Sports Medicine</td>
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<td>Brad Sandella, D.O.</td>
<td>Physician, Sports Medicine</td>
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<tr>
<td>Chantel Imran, M.D.</td>
<td>Physician, Women’s Health</td>
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<td>Ludora Riegel, APN</td>
<td>Nurse practitioner, Women’s Health</td>
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<tr>
<td>Janet Reid, APN</td>
<td>Nurse Practitioner, Women’s Health</td>
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Student Health Services
The Doctors
Center for Counseling and Student Development

- Appointments can be scheduled by calling 831-2141
- During off-hours students can use the UDHelpline available 24 hours a day at 831-1001
- UDHelpline is available for students with day to day stress, urgent psychological needs and for students who may have been a victim of sexual assault.
- The counseling department uses a Short-term treatment model allowing for 12 visits but the average number of visits by students is 5-7 visits.
Student Health Services

Addressing Concerns for your Family:

Nurse Managed Health Center

• Who is it for? It is open to the public in general. Takes Insurance only. For Graduate Students, this is the place for your family, partner, spouse to go to for health care. You can go but they will bill you the deductible and any co-pays your insurance requires.
Student Health Services

Addressing Your Concerns for Your Family:

Nurse Managed Health Center

- Located on the STAR Campus
- 540 South College Avenue Suite 130
- Phone Number 302-831-3195
- Hours: **Monday** – **Friday**: 8 a.m. – 4 p.m.
  **Wednesdays**: 8 a.m. – 7 p.m.
Student Health Services
Addressing Your Concerns:

Student Health Advisory Council

- Student driven
- Input into important health issues on Campus
- Improve communication with students
- Monthly meetings every semester
- Email Lstacy@udel.edu to get on the contact list
Student Health Services at the University of Delaware

Thank you!